

Directions for coping strategies spinner

Print pages 2 and 3 on strong card stock. Then cut out the large circles on both pages. For page 2, also cut along the dotted line to remove that one wedge.

The circle on page 2 is the cover for the spinner. Have your child decorate this page with stickers or drawings to personalize it.

To assemble, place the cover circle on top of the other. Add a brad through the center gray dot to secure both circles together. Then spin, and let this tool guide your child.

All designs were created by Erin P.T. Canning. Thank you for respecting my terms of use.

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